

Newsletter

TO OUR BEAUTIFUL COMMUNITY...

News and Happenings

Hi Everyone,

It's been a busy few weeks. With the clocks changing, we've got a little less daylight—but Mossi and me are loving the return of nighttime hacks under the stars.

We kicked off the season with our Halloween Rides, and they were brilliant. Esme and Snowy stole the show in fancy dress—don't miss their photo!

Christmas Rides are now open for booking. Newsletter readers get a special discount, and returning riders receive a little extra treat. Spaces are limited, so grab yours soon.

This month's Rider Special features Rachel and Foxy. Rachel shares how Foxy's injuries affected her confidence—and the long road back to partnership.

I've also added some winter riding tips to help you stay safe and comfortable as the weather turns. We're running a "Surviving Winter" series on socials, so send us your best advice!

Thanks for being part of it.



Rider Spotlight

🐎 Rider Spotlight: A Journey with Foxy

Q1: Tell me about your horse and your journey Foxy came to us after a tough first horse experience. He was young, grey, green—everything I thought I didn't want. His handstands scared my daughter (and me). We brought in Wilson for her, while I worked through Foxy's quirks. Despite the rocky start, he's taught me patience, trust, and how growth often comes with heartbreak.

Q2: Have you struggled with confidence – how did you overcome it? Foxy wasn't bad, just spirited. His rears and bucks chipped away at my confidence. What helped was support—friends who never judged, and Lisa Lane, our brilliant teacher. She was my confidence when I had none. With her help, I learned to listen, partner with Foxy, and rebuild trust through persistence.

Q3: How have you changed as a rider since getting Foxy? When Foxy injured his back, everything shifted. I learned to trust my instincts and the quiet language between us. I know him inside out—his moods, his discomforts—and he knows I'll listen. That mutual trust is our foundation. He's not just a horse I ride; he's my partner.

Q4: What are your horsey dreams? Foxy's health reshaped my dreams. I let go of lessons and competitions and focused on comfort and connection. My first goal was peaceful turnout. Then maybe a walk. Then gentle hacks. Now we ride for hours—walk, trot, even canter. Our joy isn't in performance, it's in being together.

Q5: What advice would you give someone facing the same issues? Lisa once told me, "You are the expert on your horse." That changed everything. I'd walked every step of Foxy's recovery, and I knew him best. My advice? Trust yourself. Trust your horse. Surround yourself with people who honour your journey. And never save anything for best—today might be it.



Wild Hare Rising

🌿 Something Wild Is Rising

Wild Hare Rising is launching in the new year – a space for coaching, clarity, and cheering you on through life's muddy bits. While I wrap up my final accreditation, I'm offering 2 free coaching packages each month from December to February..

Curious?

Take a peek at www.wildharerising.co.uk to see what's on offer, and if it speaks to you, drop me a line at info@wildharerising.co.uk.

Let's make 2026 a little wilder, a little braver, and a lot more you.



🐾❄️ Winter Survival Checklist

🔦 Headtorch check – make sure it works, and carry a spare.

👕 Thermals – skiing ones are brilliant when the chill bites.

🎧 Ear muffs for your hat – Equitech do fab ones.

🧤 Winter riding gloves – cold hands = grumpy rides.

💡 Lights for your horse – plenty on the market, go festive!

🌈 Hi Viz gear – clash those colours! Research says it's safer than matchy-matchy (save that for the show ring).



Upcoming Rides



Trail Rides That Fit You (Plus Festive Fun!) 🎄👤

At Anna's Trail Rides, you choose what suits you:

- A private ride, just you and your horse
- A ride with a friend or two
- An open ride, where others can book on too

Rides run 2–4 hours, and once a date's booked, it's fixed. If there's space, you're welcome to join. No waiting lists, no mystery—just clear options and flexible formats. Whether you're building confidence, exploring somewhere new, or just fancy a good natter on horseback, there's a ride waiting for you.



🎄 Christmas Rides Are Here! 🎄

Join us for a festive trail ride filled with winter magic, good cheer, and a hearty helping of food and drink – all included in the ride price of £50 per person.

🌟 Special Offer for Our Newsletter Readers As a thank-you for being part of our community, we're offering an exclusive £5 discount just for you. Use code MERRY5 when booking to claim your treat.

🎁 Booked with us this year? You can stack your newsletter discount with an extra £5 off as a thank-you for supporting us in 2025. Use code RIDER5, valid only for the named rider who booked and paid for a ride this year (even if you haven't taken it up yet).

Let's make this Christmas ride one to remember – with jingling reins, rosy cheeks, and plenty of festive sparkle.

To book email info@wildharerising.co.uk

A word from Mossi



Well, it's November and I'm officially unimpressed. The grass has lost its sugary sparkle, the wind is rude, and I'm hungry. Not that anyone listens—apparently I'm "carrying a bit too much condition" and winter is for slimming down. Rude.

Halloween, however, was a triumph. My costume? Iconic. Stitching? Questionable. She tried her best and I wore it with dignity (mostly). If you didn't look too closely, I was practically majestic.

Hope all my fellow riders had a spooktacular time. I saw great outfits and even better snacks—none of which made it into my bucket. Not bitter. Just saying.

Stay warm, stay wild, and if I'm lurking by the hay net looking dramatic... just let me have my moment. — Mossi